



Trust

Love, trust, surrender and peace follow in this order. The more Holy Love comes to perfection in your heart, the more you trust - the more you surrender, the more you are at peace." Jesus 3/12/01





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Preface

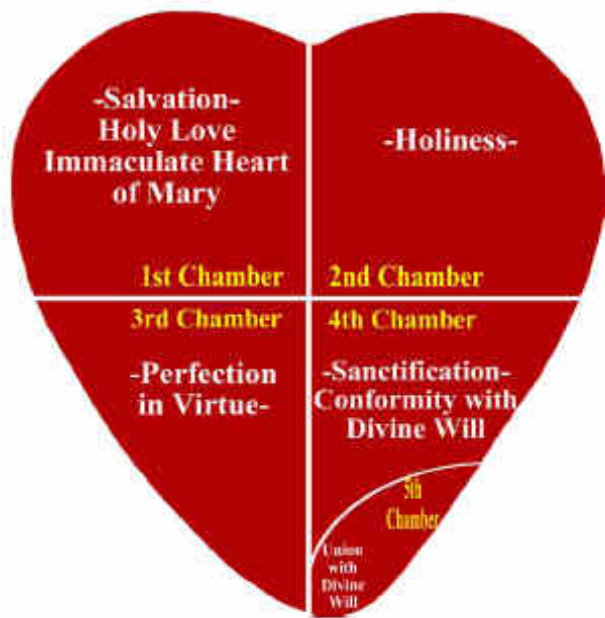
"In the world I am establishing the Confraternity of the United Hearts."

- Jesus 9/5/1999

This topical study is a fruit of the Confraternity of the United Hearts of Jesus and Mary and can be viewed and printed from website: www.angelfofmaranatha.org. "United Hearts of Jesus and Mary" means the mystical union of the Hearts of Jesus and Mary that began at the moment of *Jesus' conception, never to be parted*.

The Confraternity of the United Hearts promotes a journey of sanctification through devotion to the United Hearts of Jesus and Mary. The entire journey is based on trustful surrender through love and was established to order lives towards God's intended purpose: *Eternal life in the Holy Trinity through sainthood*. "Be you therefore perfect, as also your heavenly Father is perfect." **MT 5:48**

The first Constitution of the Confraternity of the United Hearts was drafted in the Fall of 1999 by Archbishop Gabriel Gonsum Ganaka of the Catholic Archdiocese of Jos, Nigeria and, at the request of Our Lady, it was **officially inaugurated in the Catholic Church on the Feast of the Annunciation, March 25, 2000**, by the Apostolic Administrator of the Archbishop's diocese.



About the Founder of the Confraternity



Archbishop Gabriel Ganaka (1937-1999)

His Grace, the Late Most Rev. (Dr.) Gabriel Gonsum Ganaka of the Catholic Archdiocese of Jos, Nigeria, founded the Confraternity of the United Hearts shortly before his death in 1999. He was a native of Plateau State, Nigeria.

Archbishop Ganaka occupied important positions both within and outside this Archdiocese, including:



- ✚ Appointed a member of the Congregation for the Evangelization of Peoples by Pope Paul VI;
- ✚ Appointed to the Canon Law Review Commission and the Pontifical Council for Interreligious Dialogue by Pope John Paul II.
- ✚ Served as President of both the Catholic Bishops Conference of Nigeria and the Symposium of Episcopal Conference of Africa and Madagascar (SECAM).
- ✚ He was a leader and representative to many international pastoral events, including the World Day of Prayer for Peace and the Millennium of Christianity.

The Archbishop was known by all for his loving pastoral approach to his flock, his innovative evangelization which impacted the Church at large, and his role as the Charismatic Renewal leader in all of Nigeria. His Grace promoted the Divine Mercy devotion and other devotions throughout his diocese, and under his care, priestly vocations soared.

In 1997, the Archbishop became acutely ill and was flown to the United States for medical treatment. One of his flock came to Maranatha Spring and Shrine, the home of Holy Love Ministries, to seek Our Lady's intercession and subsequently introduced him to Holy Love Ministries and the all-important messages of Holy and Divine Love. His Foreword graces the pages of the book Holy and Divine Love: The Remedy and Triumph.

Archbishop Ganaka established the Confraternity of the United Hearts, with the international headquarters in Nigeria. He wrote the Constitution for the Confraternity before his death on November 11, 1999, exactly three months to the day from when he introduced the visionary and other Missionary Servants of Holy Love to Pope John Paul II.



On the joyful occasion of the visit by the visionary, Maureen Sweeney-Kyle, with the Holy Father in August of 1999. Her husband, Don (lower right), the Late Archbishop Gabriel Ganaka (top left), and Rev. Frank Kenney, her Spiritual Director (1994-2004) (top center), accompanied her on the visit.



How to Trust

My brothers and sisters, **the key to trusting more is loving Me more. The key to loving Me more is giving Me your will and accepting the Will of My Father.**"

Jesus 8/4/01

"In order to trust **the soul must be humble and loving.** If these two virtues are not in the heart, every other virtue will be superficial - false. I see through every pretense. I will not help the proud soul to surrender. *Jesus 3/7/01*

As you pray, understand that the greatest virtue is holy trust; for **trust proceeds from deep humility, deep Holy Love, and a sincere surrender to the Divine Will of God.** My children, I desire so much that you trust in Divine Providence. *BVM 9/10/98*

"Your trust, My little one, is everything. The soul that loves Me, trusts in Me. Thus, **the soul believes in My Mercy. He forgives himself and others, and there is no barrier between us.**" *Jesus 12/19/98*

"The more **you are detached from self and cling to Me,** the more you will trust Me – the more you will be at peace." *Jesus 10/10/98*

"...depth of your trust reflects the depth of your love for Me. Therefore, **always pray for trust and practice trust.** *Jesus 6/2/00*

Ask for the grace with a believing, fervent heart. Live your life dependent on grace. This is the doorway to trust. *BVM 9/8/98*

"Your petitions are most pleasing to Me when you surrender them completely. Your surrender is complete when you are able to **accept whatever the outcome may be.** This shows Me that you trust My Will for you. In this I am glorified." *Jesus 8/22/05*

And so, though the enemy may surround you, **trust that grace abides and will sustain you.** Heaven's purpose may seem obscure, but if you love enough, **you will not demand to know the reason for every event.** You can trust Me. It is then I will come closer. *Jesus 7/29/00*

"**It is in your helplessness** that your trust in Divine Providence is manifest. If I gave you everything and all that you needed to fulfill My Plans through you, you



would not need to trust Me. You would build nothing up in faith and you would learn to depend on human efforts.” *Jesus 7/25/03*

“Most often the fullness of God’s Will is not revealed to mere man. This is where each one is called to trust. Trust is the testing ground of love.” *Jesus 3/22/02*

When you surrender I am willing to act in your life. Where you hang on to anxiety and worry, I step back. Thus, you must see that **your trustful surrender allows Me to take charge.**” *Jesus 3/23/01*

When you **surrender your problems, your fears, and all your misgivings** to trust, you no longer see these problems, but only the trust, when the problems 'spill out' of the vessel of trust, you are taking them back and trying to solve them yourself.” *Jesus 10/26/96*

I tell you, the soul that has given Me his trust has given Me everything. For it is only through trust that surrender is made complete. It is in every present moment that I look for this trust, no matter the soul’s activity in the world. How can you remember to trust Me when you are busy with everyday activities? **Simply do everything for love of Me. Then do not fear or doubt.** *Jesus 4/26/03*

When you surrender to God’s Will, this means you give up your will. So, in trustful surrender **you trust that God’s Will is always for your best, and you surrender your wants and opinions concerning the outcome of any situation—that is, you leave it up to God.**” *Jesus 9/25/02*

Allow Me to be Lord of the Present Moment. Trust in My Grace, My Mercy and Provision. Do not fear. I am around you, surrounding you with My peace.” *Jesus 3/28/98*

“You need to trust all your tomorrows to Jesus. He will make all things successful through grace. I am blessing you.” *BVM 10/26/96*

Your heart is not tethered by affairs of the world. All of these you give to Me in Holy Trust.” *Jesus 6/15/99*

“If Satan cannot destroy your peace, he will be defeated in his efforts. Do not cooperate with him. Discover, My beloved, that trust and peace go hand in hand. *Jesus 6/17/98*



“Once I said to you that you see trust as a ‘sometimes thing’. Your **trust must be always – amidst conflict and victory**. Trust Me no matter what. I am God. There is nothing that befalls you that I am not aware of. All things turn to good for those who love Me. (Romans Chapter 8). Even in the cross is My victory.” *Jesus 10/16/00*

"Trust and **courage** go hand in hand. Fear opposes trust. When you **put everything into the vessel of trust**, I cover it with My grace which I send through the Heart of My Mother." *Jesus 10/25/96*

It is the test of courage that proves the soul’s love for Me.” Courage leads you to patient endurance, and endurance gives you a heart of hope. **When you are hopeful, I am able to lead you in TRUST.**” *Jesus 8/13/01*

Today I invite you to realize that every moment you are asked to trust is grace-filled. **The more you surrender to trust, the more grace you are given to do so.** The more you trust in Me, the more I act on your behalf.” *Jesus 6/11/03*

“My dear brothers and sisters, **when your journey in holiness becomes the most difficult, that is the present moment that you must trust the most through prayer and sacrifice.** Then your journey will be less arduous, and all your trials will seem easy and light.” *Jesus 9/18/06*

"But the soul who accepts all things as from the Hand of God is already at peace. His wants are My Wants. His will is My Will, which is always the Will of My Father in Heaven. **Love, trust, surrender and peace follow in this order. The more Holy Love comes to perfection in your heart, the more you trust - the more you surrender, the more you are at peace.**" *Jesus 3/12/01*

“Child, place everything—every problem, every petition—in the recesses of My **Divine Heart**. Herein, all is attended to according to the Divine Will of My Eternal Father. Nothing is forgotten or overlooked. Nothing is unimportant. **Whatever concerns you, concerns Me, as well. Every solution is within My Sacred Heart; nothing goes unanswered. Trust—yes, childlike trust—is what holds all your petitions in My Heart.** When you can turn everything over to Me and to the welfare of My Heart, then My actions in your life are most profound and powerful.” *Jesus 9/25/06*



How Not to Trust

Surrender and trust in Me in the present moment. **When you trust only in yourselves and your own efforts, you lose sight of the present moment, and you lose sight of the path of Holy Love.**" *Jesus 9/21/98*

"Perhaps you trust only yourself through self love. A fruit of this flaw is fear. **You try to control and manipulate the people around you. Maybe you dominate every conversation and refuse to let go of your opinion.** Why? If you surrender all things to Me, I will attend perfectly to your every need." *Jesus 2/13/99*

"Let me show you the opposite of trustful surrender through love. This would be a **person who cannot let go of his wants. He sets goals and does not want God to have His say. He cannot give up control and be indifferent as to the outcome of a situation.** This way of thinking says to Jesus and the Father: 'I love my will, not Yours'." *St. Thomas Aquinas 8/29/01*

"Perhaps **they trust in their own efforts instead of My Grace** in some area. Maybe they have not surrendered the salvation of their family to Me. Perhaps **they trust in the efforts of those around them** more than Me." *Jesus 8/20/01*

"My daughter, the greatest error in hearts today is that everything depends on and proceeds from the efforts of man. This has led mankind away from trust in God and away from holiness. **People do not see God's hand in nature, nor the role He needs to assume in human relationships and world politics as well.** Many in the Church depend on their own ambition instead of grace. *BVM 1/3/98*

Think about Me and My needs instead of your own. When you forget about yourself, you are able to trust Me. **When you focus on your own problems, you call them back into your heart instead of surrendering them to Me.** Loving Me makes you strong. Loving yourself makes you weak. Respect yourself as God's creation, but focus on Me. I will take care of you. I will lead you. I will not forsake you. You can trust Me." *Jesus 4/29/98*

I have come to help you understand that when **you worry, you have not surrendered** everything to Me. What you worry over is that which you want to control. This shows lack of trust in God's Divine Will. *Jesus 4/10/00*



"Thank you for coming, believing, and trusting. I invite you to see that any area of fear in your life is a point of entry that Satan is using. Replace the fear with trustful surrender through your own will. **Do not give in to thoughts that destroy your peace, arouse anger, or perpetuate fear.** Think of My Heart. Think how it is encircled by thorns. These thorns are all the ones who call Me friend, but who do not trust and love Me. *Jesus 4/22/98*

The soul that **gives in to discouragement** shows a lack of trust in My Divine Provision and the Eternal Will of My Father. All of this comes from a flaw in Holy Love. So, you must see that Holy Love is the support you need in the face of every temptation, especially discouragement." *Jesus 8/30/04*

An insecure heart does not trust Me and does not see the perfection of God's Will in his life. *Jesus 11/1/03*

Sin always erodes holy trust for it takes the soul farther away from Me. The farther the soul is from Me, the more difficult it is to trust in My Love and Mercy." *Jesus 8/20/01*

"Never call upon the powers of darkness through lies. Trust in Me. Though you see no solution, I have it. But you will never escape unscathed by embracing lies in any situation. Even the smallest untruth offends My Most Sacred Heart. **Even when you sin by omission by not correcting evil, you embrace a lie. How long will you love the sin more than you love Me?"** *Jesus 4/25/02*

For instance, a wise soul may – in trying to make a point – state his view over and over, not knowing when enough has been said. This shows lack of trust in My grace. I'll tell you why. This type of soul makes his point, but is **unwilling to state his case and [then] let grace do the rest.** He cannot allow grace to carry the point into the heart. He seems to think everything depends on his efforts." *Jesus 5/13/00*

"Trust proceeds from a loving, humble heart. **If you do not surrender to Holy Love, Holy Humility,** you will not believe in Me. Then you will not be ready for any situation." *Jesus 8/28/98*

Satan desires that your hearts remain gripped in fear. In this way My Sacred Heart is wounded by your lack of trust in Me. **When you live in fear of the future,** you cannot surrender the present moment to Me. *Jesus 2/5/03*



... make it known that the opposite of trust is **doubt and fear**. These are Satan's tactics, which bear the fruit of confusion and lack of faith. But I come to you to bear you up in trust. As surely as you exist, My cloak is around you. Without Me you can accomplish no good end. *Jesus 2/18/99*

The greater the trust – the greater the surrender and the greater the love. **The one who fears and tries to control his own destiny** does not know Me." *Jesus 2/19/99*

Jesus' words concerning those who do not trust..."This is what **they don't understand - how powerful the workings of grace are that pass through My Mother's Heart to them, and how unique the Father's plan for the salvation of each soul.**" *Jesus 3/25/98*

"When you come before Me to pray, **anything that your mind clings to in the natural is some sort of attachment**. If you love Me with your whole heart it is easy to surrender everything to Me. It is easy to trust Me. But you do not trust Me if **you cannot see My grace at work in every aspect of your life through My Love for you.**" *Jesus 5/1/99*

Do not look to any certain outcome, but allow Me to choose every outcome to your prayers. I know what you want. Be open to what I want, and the way I choose each grace for you. This is the essence of trust in My Divine Provision." *Jesus 11/4/00*

Do not place the human factor of time upon My response to your petition. To do so reflects a lack of trust in My Timing which is always perfect. **Neither should you presume you know the best answer to your petitions.** That, too, reflects a pride. Let Me be God - you be My instruments." *Jesus 9/5/03*



Fruits of Trust

I have come to tell you that greater merit is earned through trust than any other single virtue. I say this, for love and trust are the same. *Jesus 7/17/04*

For those that trust in my grace, **the path moves steadily on despite uneven advantage, for grace diminishes problems and obstacles and makes the rough way smooth.** It is the wise and prudent heart that does not accept an obstacle at face value, but waits for grace to transform the impossible into the possible. God's provision is all-seeing, all-knowing. In every seeming defeat is hidden the grace of victory.

To **receive the fullness of My grace**, you must trust Me. It is not possible to trust in My Provision a little, or part of the time. You trust when you have confidence in Me always." *Jesus 8/28/98*

"I have come to describe to you the great love I have for those who trust in My Provision. Those who trust and have confidence in Me **will receive in this life My support and companionship in all their efforts. I will not abandon them. I will keep them in peace. In heaven I will place them at the foot of My throne, seated beside the saints who embraced My Father's Will, and those who have consecrated themselves to the Heart of My Mother.** You see trust as a small thing. I tell you, it is all." *Jesus 8/10/98*

The soul that gives all to Me - trusting in My Provision - **will be lifted up in freedom and borne swiftly, surely and joyfully through the Chambers of My Divine Heart.**" *Jesus 3/9/01*

"My dear children, I am happiest when your hearts are at peace, for it is then that you are trusting and conforming your will to the will of God. It is then that there is nothing between us. Every obstruction is gone, and **we are united.**" *BVM 8/15/98*

Those, who accept Me with hearts of faith and trust, **are victorious over evil**, for it is Satan who wants to take you off course." *BVM 7/12/98*

Dear children, tonight and during these last days before My Son returns, **you are given the opportunity to earn many graces for yourselves and for your families.**



You can do this, My children, through your trustful surrender to Divine Providence. For it is when you trust that God is most attendant to your prayers. And it is when you love that God will answer your prayers. *BVM 9/11/98*

"But I am asking you to build up a warehouse of trust and faith in your hearts today, **making of them a fortress against fear and doubt. Be stouthearted in the Lord.** Do not wait for a crisis and then frantically cling to a weak faith you have little of. *BVM 10/5/96*

"Consider then, that trust is **your protection against evil.** This is why Satan does not want you to trust, and why he comes as a thief attempting to steal your trust in Me away. Ask your guardian angel to stand guard over this vessel of trust that I place every heart in at conception." *Jesus 8/20/01*

"Dear children, tonight I invite you to have trust in God's provision and His plan for you. When you trust, My dear children, **you are giving My Son the greatest gift possible.** *BVM 8/28/97*

The soul must be deep in faith, hope and love, for these three beget trust. **Trust bears the fruit of courage.** *St. Jude 10/02*

Jesus: "My brothers and sisters, once I told you that trust was not a small thing – but EVERYTHING. I will tell you why. **When you pray with a confident heart, I hear your prayers. When you trust in My mercy, My mercy is yours. When you have confidence in Me, you have sought refuge in the Will of the Father.** *Jesus 2/13/99*

"Record this. **My greatest favor rests on those who trust in Me. My greatest graces are reserved for the ones who have faith in My providence.** Do you seek Mercy? Trust in Me. Do you seek peace? Trust in Me. Do not place any human effort or provision ahead of Me." *Jesus 10/10/98*

TRUST IN GOD'S PROVISION	LACK OF TRUST
Rapid progression in life of virtue	<ul style="list-style-type: none"> - Flaws in Holy Love - Flaws in Holy Humility
Loves God and Trusts Him above all else	<ul style="list-style-type: none"> - Much Self-Love - Fear - Learns to depend on people, but not God
Lives in Divine Love and Divine Will	<ul style="list-style-type: none"> - Cannot accept God's Will - Seeks a reason for everything that happens to him



Trust in Your Mother

"Take up your abode in the humble Refuge of My Heart. Trust and have faith in Me. **I am your Mother, your Refuge and Protectress.** *BVM 12/10/98*

I offer you the Holy Refuge of My Immaculate Heart. Trust in this Refuge. No longer choose to live in fear. **In My Heart is every grace you need to abide in peace.**" *BVM 3/9/98*

"...I have come to lead them to the impregnable ark, the Refuge of My Heart. **To enter and remain in this ark, they must trust in Me.** Trust proceeds from love and humility of heart." *BVM 8/10/98*

"Dear children, tonight I desire to take you to the sublime heights of trust and confidence in My grace. You can only travel this road with Me, My little ones, if you choose humility, for **trust is the fruit of humility.** Dear children, if you knew with what love I call you upon this path, you would not waiver. *BVM 7/23/98*

I ask you to allow Me to lead you deep into trust in and through Holy Love. Through trust **you will be able to surrender to My call to holiness.** *BVM 8/29/98*

"Dear children, tonight, if you will allow Me, **I desire to take you deep into My Heart. This place in My Heart is Holy Trust which opens the door to a union with God.** All that lies between you from trust are the obstacles you place before yourselves to perfection in Holy Love. These comprise attachments to people, things, and certain life situations. I have come to help you and to lead you past every obstacle." *BVM 1/8/98*

"Dear children, tonight I invite you once again to **surrender to Me, from your hearts, the past, present, and future.** In your surrender, My dear children, lies your trust." *BVM 1/29/98*

"Dear children, tonight I have come to ask you to continue to trust in the grace of My Heart. Do not trust only in good and prosperous times, just as it is easy to love your friends. I am asking you to see that it is easy to trust when things are going well. But in times of adversity your hearts will be put to the test. **Those who trust in the grace of My Heart, above all else, will be at peace. And they will understand and be wise amidst much confusion.** *BVM 10/8/98*



"My angel, praise be to Jesus. Dear daughter, **for those who hold much concern in their hearts for certain aspects of the future, I invite them to deeper trust in My grace.** Their deep trust comes in deeper love. In all ways I am ready to assist. All worldly concerns, after all, are under God's domain. " *BVM 12/22/96*

My dear children, thank you for believing in Me, as I believe in you. **Trust in Me to touch hearts the best way for them.** My grace is all-knowing, omni-present, and omni-potent. *BVM 8/16/98*

But you can **trust in this Image [Mary, Refuge of Holy Love]** which I have given you through God's own Divine Will. Make it your avocation that each home accept this Image **as protection and shelter.** Those that do so shall not have anything to fear in these tribulations which are at hand. These serious weather problems will continue, increase, and multiply but so, too, My dearest children, will My grace." *BVM 4/9/98*



Trust Prayer

Dear Jesus, teach me to trust only in the power of You, Your Father, and the Holy Spirit. I surrender my will to You. In this surrender I accept that Your grace controls the future. I understand that You love me and want only my good – my salvation. I resolve to live in the present and await whatever You may plan for me in the future. I will trust in Your plans and Divine Will for me. Amen. *Jesus 2/26/99*



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